



**PLAY**  
**IT BRINGS JOY.**  
**IT IS WITHIN THIS CONTEXT,**  
**THAT LEARNING CAN OCCUR.**  
*-KYLE SNOW, PH.D*

O u t b o u n d



**ADROIT**  
Learning & Manpower Pvt. Ltd.  
And ISO 9001:2008 Certified Company

# Outbound Training



**Outbound Management Programs** are a training method for enhancing organizational performance through experiential learning. The most obvious - and immediate - benefits of OBT is a building up of interpersonal relationships, trust and bonding.

The crux of OBT lies in taking a group of people away from their normal environment into the outdoors, and placing a new, unfamiliar set of challenges before them, in the solving of which a whole lot of new equations are thrown up. The program works on the principle that when a team is thrown together in wilderness or adventure settings, where they have to fend for themselves and meet challenges together, there is growth in many directions. At the end of every Debrief, it is observed that:

- Stress and shared adventure serve as important catalysts in the discovery process.
- A small heterogeneous group is capable of successfully coping with significant physical and mental challenges.
- People generally have more resources and are more capable than they think they are.
- When it is the question of survival, everyone proves their capability.
- The single most important factor that determines success in personal or team achievement is belief & Collaboration. A peep into the strategies leads to the formula for success in the workplace.



We offer an array of classroom trainings, behavioral intervention merged with Outbound Trainings.

- The activities, that we conduct are structured exercises developed by outdoor specialists with years of experience in the outdoors and in training, and are designed to address specific HR issues.
- Participants go through a number of activities that are specifically aimed at exploring issues like leadership, team building, change management, conflict resolution, risk-taking, goal setting, decision making, communication, creativity and self-reliance.
- These activities are followed by introspective process sessions that encourage intense, meaningful reflection and introspection by participants. The trainer helps the learners reflect on the outcome and transfer the learning to the workplace.

## We offer psychometrics with OBT:

■ MBTI ■ BELBIN ■ FIRO-B ■ STRENGTHFINDER 2.0

# We Conduct Adventure Activities like:

- Rock Climbing, Rappelling, River Crossing, Tiger Lift, Caving, Rescue Operations
- Water Rafting, Water Surfing, Para Sailing
- Treasure Hunt
- Jungle Safari , Camping In Jungle and on river bank
- Speed Boat, Beach Bike
- Surprise Parties, DJ / Karaoke Night

## Locations:

Mt. Abu, Pachmarhi, Saputara, Diu , GirForest, Daman, Bet Dwarka, Rishikesh, Manali, Simla, Polo Forest, Kewadia Colony, Corbett National Park, Nanital, Udaipur, Jaipur, Jodhpur.

These exercises take the group through a series of carefully graded activities that will set increasingly challenging tasks.

## Safety:

Safety is of prime concern in any outdoor activity, and plays a crucial role in the effectiveness of outbound training. Adroit Outbound Team has a qualified and experienced safety team whose job is to take your mind off safety concerns and focus on the activities.



# Our Few Major Clients



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